



# KHELO INDIA CSC

## KHELO INDIA STATE CENTRE OF EXCELLENCE

Sports Complex, Hockey Stadium, Sector - 42, Chandigarh - 160036

E-mail - [csc\\_cfha@yahoo.com](mailto:csc_cfha@yahoo.com)



CSC-UT-KI-2022/ 641

Dated 13/07/2022

### NOTICE FOR INDUCTION IN THE HOCKEY SPORTS DISCIPLINE UNDER KHELO INDIA STATE CENTRE OF EXCELLENCE, CHANDIGARH (GIRLS & BOYS)

The KISCE, Chandigarh is going to conduct selection trials to select 10 Girls, Born on or after 1.1.2003 and 1 Boys, Born on or after 1.1.2004 at the following venues on the dates indicated against each:-

Sr. No.	Total No. of players- 10 Girls and 1 Boy (9 girl players, 1 girl goal-keeper and 1 boy goal-keeper)	Age	Height (cms)	Date of trials	Venue & time of trials
1.	1 Girl (Goal-keeper)	Born on or after 1.1.2003	165 cms	29.7.2022 and 30.7.2022	Reporting time 8.00 A.M. onwards at Hockey Ground, Sector-42 Chandigarh.
2.	1 Boy (Goal-keeper)	Born on or after 1.1.2004	175 cms	29.7.2022 and 30.7.2022	Reporting time 8.00 A.M. onwards at Hockey Ground, Sector-42 Chandigarh.
3.	9 Girls (Players)	Born on or after 1.1.2003	160 cms	1.8.2022 and 2.8.2022	Reporting time 8.00 A.M. onwards at Hockey Ground, Sector-42 Chandigarh.

- The interested candidates shall come for trials in proper kit with original Birth Certificate issued by the Competent Authority (Municipal Corporation/Health Department/Municipal Council/Gram Panchayat) and two recently passport size photographs.

**Note:-** The selection criteria and other instructions are available on the website <http://sportsdeptt.chd.gov.in> and <http://chdpr.gov.in>, any change of schedule shall be intimated on the same site.

**Facilities:-** The selected candidates in Hockey sports discipline under KISCE, Chandigarh shall be provided Boarding & Lodging and other facilities provided by KISCE, Chandigarh as per agreement that would be executed between CSC (KISCE, Chandigarh) and parents/guardian of the selected candidates.

**For any enquiry, please contact: 94632-06328**



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Ph / Fax: 0172 - 2646444



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Dated \_\_\_\_\_

### KHELO INDIA STATE CENTRE OF EXCELLENCE, CHANDIGARH, HOCKEY TESTS TO BE CONDUCTED FOR GIRLS

PRELIMINARY TEST FOR GIRLS				
Sr. No.	Tests	Time	Points	Remarks
1.	30 Mtrs Flying Start	3.8 -3.6	1	
		3.5-3.4	2	
		3.3 -& Less	3	
2	Standard Board Jump	1.71-1.91	1	
		1.92-2.12	2	
		2.13 -& Above	3	
3	Yo-Yo Test	14.6-15.5	1	
		15.6-16.5	2	
		16.6-17.5	3	
4	800 meters	3.45-3.03	1	
		3.04-2.27	2	
		2.28- Less	3	
5	Shuttle Run 6 * 10	17.9-17.3	1	
		17.2-16.6	2	
		16.5- & Less	3	
SKILL TEST FOR GIRLS				
Sr.No.	Skill Tests	Attempts	Points	Remarks
1.	Slap Test	10 Balls	10	50 Meters Signal (Target 5 meters)
2	Turn and Receive (5 Meters Distance)	10 Balls	10	Straight and Reverse (25 meters Distance)
3	Receive and Shoot	10 Balls	10	Straight and Reverse
4	Dodging and Tackling	10 times tackles	10	2 v/s 1 (10*20 meters)
5	Games and Tact's  (Special Skills Abilities)	30 Minutes	10	Full Ground Match  Slap(disguised), 3D Skills, Drag Flicks, Lifting and Tapping etc.





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### **KHELO INDIA STATE CENTRE OF EXCELLENCE, CHANDIGARH, HOCKEY TESTS TO BE CONDUCTED FOR GIRLS-GOAL-KEEPER**

PRELIMINARY TESTS FOR GOAL KEEPER (GIRLS)				
Sr. No.	Preliminary tests	Time	Points	Remarks
1.	30 Mtrs Flying Start	3.8 -3.6	1	
		3.5-3.4	2	
		3.3 -& Less	3	
2	Standing Board Jump	1.71-1.91	1	
		1.92-2.12	2	
		2.13 -& Above	3	
3	Yo-Yo Test	14.6-15.5	1	
		15.6-16.5	2	
		16.6-17.5	3	
4	800 meters	3.45-3.03	1	
		3.04-2.27	2	
		2.28- Less	3	
5	Shuttle Run 6 * 10	17.9-17.3	1	
		17.2-16.6	2	
		16.5- & Less	3	
SKILL TESTS FOR GOAL KEEPER (GIRLS)				
S.N.	Skill Tests	Attempts	Points	Remarks
1.	Kicking the ball for Accuracy	10 Balls	10	From Top of the D
2	Backward and Forward	1 minute	10	7 yard at 45 (Right & Left), Centre
3	1 v/s 1 Shoot Out	10 attempt	10	10 seconds per attempt
4	Agility Test	3 attempt	10	T-Test, with kit
5	Game and Tacts	30 minute	10	Full game



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**KHELO INDIA STATE CENTRE OF EXCELLENCE, CHANDIGARH, HOCKEY TESTS TO BE CONDUCTED FOR BOYS-GOAL KEEPER**

PRELIMINARY TEST FOR GOAL-KEEPER (BOYS)				
S. N.	Tests	Time	Points	
1.	30 Mtrs Flying Start	3.8 -3.5	1	
		3.4-3.1	2	
		3.0 -& Less	3	
2	Standing Board Jump	2.01-2.16	1	
		2.17-2.32	2	
		2.33 -& Above	3	
3	Yo-Yo Test	15.7-17.2	1	
		17.3-18.6	2	
		18.7-20.1	3	
4	800 meters	2.55-2.33	1	
		2.34-2.17	2	
		2.18-Less	3	
5	Shuttle Run 6 * 10	15.9-15.3	1	
		15.2-14.8	2	
		14.7- & Less	3	
SKILL TEST FOR GOAL-KEEPER (BOYS)				
S.N.	Tests	Attempts	Points	Remarks
1.	Kicking the ball for Accuracy	10 Balls	10	From Top of the D
2	Backward and Forward	1 minute	10	7 yard at 45
3	1 v/s 1 Shoot Out	10 attempt	10	(Right & Left), Centre
4	Agility Test	3 attempt	10	10 seconds per attempt
5	Game and Tacts	30 minute	10	T-Test, with kit
				Full game

**Note:**

- Merit list shall be prepared as per the position gained by him/ her as the conditions noted above.
- The candidate shall not be eligible for selection trials without original date of birth certificate issued by the competent authority.
- The D.O.B certificate shall be got verified from the concerned Authorities to avoid any complication at later stage. In case, the birth certificate submitted by the parents of the inmate is found false/ not genuine, the entire responsibility shall be borne by the parents of inmate and the action will be taken as per agreement. Further, the enrolment shall be terminated immediately without assigning any notice.
- In case any injury is occur to the visiting candidates during the trials no one from the staff of the CSC and KISCE, Chandigarh shall be held responsible by them.
- All the candidates and their parents/guardian shall follow the SOP's of Covid-19 issued by Govt. of India and Chandigarh Administration.
- No TA/DA shall be paid.
- The selected candidates in Hockey sports discipline under KISCE, Chandigarh shall be provided Boarding & Lodging and other facilities provided by KISCE, Chandigarh as per agreement that would be executed between CSC (KISCE, Chandigarh) and parents/guardian of the selected candidates.