



KHELO INDIA CSC

KHELO INDIA STATE CENTRE OF EXCELLENCE

Sports Complex, Hockey Stadium, Sector - 42, Chandigarh - 160036

E-mail - csc_cfha@yahoo.com



CSC-UT-KI-2023/ 525

Dated 19/4/23

NOTICE FOR INDUCTION IN THE HOCKEY SPORTS DISCIPLINE IN KHELO INDIA STATE CENTRE OF EXCELLENCE, CHANDIGARH (GIRLS)

The KISCE, Chandigarh is going to conduct selection trials to select Girls, Born on or after 1.1.2003 on the following dates and venue indicated as below:-

Sr. No.	Name of Academy	Category	Eligibility	Date of trials	Venue & time of trials
1.	Khelo India State Centre of Excellence, Chandigarh	Girls	Born on or after 1.1.2003 with minimum height 155 cms for players and goalkeeper	24.4.2023 and 25.4.2023	Reporting time 8.00 A.M. onwards at Sports Complex, Hockey Stadium, Sector-42 Chandigarh.

The interested children/players can come for trials in proper kit with original Birth Certificate issued by the Competent Authority (Municipal Corporation/Health Department/Municipal Council/Gram Panchayat) and two latest passport size photographs. The children/players have to undergo a Preliminary test of physical fitness alongwith Skill tests. No TA/DA etc. will be admissible for trials.

Note: -

The detailed instructions of selection criteria and other instructions are available on the website <http://sportsdeptt.chd.gov.in> and <http://chdpr.gov.in>, any change of schedule shall be intimated on the same site. The interested candidates are advised to see the website regularly for any change. The Secretary, CSC has right to cancel the selection trials without giving any reason at any stage.

For any enquiry, please contact: 94632-06328, 73557-77673

[Signature]
19/4/23

Joint Secretary
for **Secretary**
Chandigarh Sports Council



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KHELO INDIA STATE CENTRE OF EXCELLENCE, CHANDIGARH, HOCKEY TESTS TO BE CONDUCTED

PRELIMINARY TEST FOR GIRLS				
S.N.	Tests	Time	Points	Remarks
1.	30 Mtrs Flying Start	3.5 -3.3	1	
		3.2-3.1	2	
		3.0- Less	3	
2	Standard Board Jump	1.84-2.09	1	
		2.10-2.30	2	
		2.31 - Above	3	
3	Repeated Sprints	>5% difference	1	
		3-5% difference	2	
		2-3 % difference	3	
4	800 meters	3.40-3.00	1	
		2.59-2.22	2	
		2.23- Less	3	
5	Shuttle Run 6 * 10	16.9-16.3	1	
		16.2-15.6	2	
		15.5- Less	3	
SKILL TEST FOR GIRLS				
Sr.No.	Skill Tests	Attempts	Points	Remarks
1.	Slap Test	10 Balls	10	50 Meters Dignal (Target 5 meters)
2	Turn and Receive (5 Meters Distance)	10 Balls	10	Straight and Reverse (25 meters Distance)
3	Receive and Shoot	10 Balls	10	Straight and Reverse
4	Dodging and Tackling	10 times tackles	10	2 v/s 1 (10*20 meters)
5	Games and Tact's (Special Skills Abilities)	30 Minutes	10	Full Ground Match Slap(disguised), 3D Skills, Drag Flicks, Lifting and Tapping etc.



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KHELO INDIA STATE CENTRE OF EXCELLENCE, CHANDIGARH, HOCKEY TESTS TO BE CONDUCTED FOR GIRLS-GOAL-KEEPER

PRELIMINARY TESTS FOR GOAL KEEPER (GIRLS)				
Sr. No.	Preliminary tests	Time	Points	Remarks
1.	10 meter sprint	2.11-above (secs)	1	
		2.01-2.10 (secs)	2	
		1.91-2.00 (secs)	3	
2	Standing Board Jump	1.84-2.09	1	
		2.10-2.30	2	
		2.31 - Above	3	
3	Repeated Sprints	>5% difference	1	
		3-5% difference	2	
		2-3 % difference	3	
4	Forward Bend and Reach	10-15 cms	1	
		16-20 cms	2	
		21 and above	3	
5	Shuttle Run 6 * 10	16.9-16.3	1	
		16.2-15.6	2	
		15.5- Less	3	
SKILL TESTS FOR GOAL KEEPER (GIRLS)				
S.N.	Skill Tests	Attempts	Points	Remarks
1.	Kicking the ball for Accuracy	10 Balls	10	From Top of the D
2	Backward and Forward	1 minute	10	7 yard at 45 (Right & Left), Centre
3	1 v/s 1 Shoot Out	10 attempt	10	10 seconds per attempt
4	Agility Test	3 attempt	10	T-Test, with kit
5	Game and Tacts	30 minute	10	Full game

Note:

- Merit list shall be prepared as per the position gained by her as per the conditions noted above.
- The candidate shall not be eligible for selection trials without original date of birth certificate issued by the competent authority.
- The D.O.B certificate shall be got verified from the concerned Authorities to avoid any complication at a later stage. In case, the birth certificate submitted by the parents of the inmate is found false/ not genuine, the entire responsibility shall be borne by the parents of inmate and the action will be taken as per agreement. Further, the enrolment shall be terminated immediately without assigning any notice.
- In case any injury is occur to the visiting candidates during the trials no one from the staff of the CSC and KISCE, Chandigarh shall be held responsible in any manner.
- The concerned parents may make their own arrangement at their own level during the trial.
- No TA/DA shall be paid.
- The selected candidates in Hockey sports discipline under KISCE, Chandigarh shall be provided Boarding & Lodging and other facilities provided by KISCE, Chandigarh as per agreement that would be executed between CSC (KISCE, Chandigarh) and parents/guardian of the selected candidates.