SPORTS DEPARTMENT : CHANDIGARH ADMINISRATION

QUARTERY WORK REPORT OF COACHES FOR THE QUATER ENDING

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NUMBER OF TRAINEES MONTH

MALE

FEMALE

	Sub	Junior	Senior	Sub	Junior	Senior
	Junior			Junior		
1.						
2.						
3.						

NAME OF THE TALENTED / OUTSTANDING TRAINEES

Sr.	Name	Date Of	Sex	Institution	Present Level Of
No.		Birth			Achievement
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					

.....

ASSESMENTS (TESTS & MEASUREMENTS) OF THE ABOVE TRAINEES (To be submitted on the separate Performa attached herewith)

ACHIEVEMENT DURING THE QUARTER.

COMPETITIONS

COACHING CAMPS

Sr. No.	Venue	From	То	Purpose
No.				
1.				
2.				
3.				
4.				
5.				

OTHER ASSIGNMENTS

Sr. No.	Venue	From	То	Purpose

Task taken during the last months

Fully Achieved	Achieved	Fully Achieved	Achieved	

If not achieved give reasons.

Date:_____

Signature of the Coach

QUARTERLY ASSESSMENT OF OUTSTANDING TRAINEES TESTS AND MEASUREMENTS (PHYSICAL)

No. Birth Endurance (Cooper's Test] 2.4 K.M.) Time) Jump S.Board S. Jump mts. Time 100 mts. Time (shuttler's Stutier's X 10 mts. Time Image: Strength S.Board S. Jump mts. Time Stutiers' X 10 mts. Time Stutiers' X 10 mts. Image: Strength S.Board S. Image: Strength Streng Strength Strengt Strength Strength Streng Strength	Sr.	Name	Date of	Height	Weight	Speed	Explosive	Vertical Jump	Speed	Agility
Test] 2.4 K.M.) Time Shuttlers' Time) Mts. X 10 mts.	No.		Birth			Endurance	Strength		100	(shuttle
Time) Mts. X 10 mts.						(Cooper's	S.Board S.	Jump		run) &
						Test] 2.4 K.M.)			Time	
Image: Sector of the sector						Time)				
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Image: Second										

Signature of Coach